



2DamDays Paddle Marathon RULES

(as amended Aug 17, 2011)

Sept. 24&25, 2011

Any rule not specifically covered in this document but pertinent to this race shall be governed by the applicable rule currently followed by the US Canoe Association.



- Denotes that this rule does not apply to those entries in the “Just4Fun” entries.

- 1) All participants, racers and support crew, must attend the Safety Meeting the evening before the race! “Anything Goes” entries must attend safety meeting immediately preceding the event.
- 2) Paddlers must wear a CG approved PFD while on the water.
- 3) * All boats must have race numbers prominently displayed on both sides of the hull.
- 4) * No sail or fixed oars. Single and double blade paddles only.
- 5) No trash of any kind will be intentionally thrown overboard. Teams or individuals caught trashing the lake will be disqualified. All paddlers will properly stow loose items during the race.
- 6) * Each boat must have: a cell phone in a waterproof container, white stern light, red/green nav lights for bow, flashlight/spotlight, at least 6” of reflective tape on both sides of hull, bow and stern. (This rule applies only to those boats in the “Main Event”.)
- 7) Racers must maintain self sufficiency and may not receive outside assistance of any kind. Outside assistance is any action by someone other than the paddling crew of a specific racing vessel [with the exception of Rule 16] which aids in forward progress or administers support. Support crews are permitted and may be shared by multiple teams, but may only provide allowable assistance with their race craft while it is stopped at a Check Point. [With the exception of] public restrooms, places of business, and Public Access areas, any race [team/individual] that receives support at any location other than a Check Point area will be disqualified. No private property may be accessed unless specified by race officials. [Receiving] assistance from a safety boat while on the course will result in a DNF.
- 8) Alcohol will not be consumed by racers or their support vehicle operators during the race.
- 9) No portaging is allowed during the race.
- 10) * Each race craft will check in and out with race officials at each designated Check Point. Racers do not have to exit their craft, but must be close enough to the Race Official at the Check Point to be properly identified and to sign in or be signed in by a support team member or designate. Check Points will be staffed by race officials until the Cut-Off Time for that Check Point has elapsed. If you decide to quit the race at a Check Point notify the race official managing the roster. If you quit the race between Check Points, you must make an immediate effort to contact a race official and notify them of your decision. If you will not make it to a Check Point before the Cut-off Time has elapsed, you must contact race officials by phone prior to the Cut-Off deadline. If you elect to end your race at any time you must make it a priority to contact race officials and let them know.
- 11) All racers agree to sign the USCA Waiver and Release of Liability prior to the start of the race.

12) This event is being held to improve water quality in the Lake of the Ozarks and its tributaries. No matter how small the impact may be, the fact is that adding a bunch of people to the lake and allowing them to dump urine overboard contradicts our objective. Participants are prohibited from dumping human waste into the lake. If you are unable to make it to the next available facility, stow your spent fluids in a water tight container and take it to the next Check Point where it can be deposited.

13) All participants agree to appear in event related media coverage without compensation.

14) All aquatic activity is dangerous to humans. Our body requires that the oxygen it uses be in gas form. Since you can't breathe under water it is important that you carefully evaluate your ability to handle such a danger. Lake of the Ozarks can be extremely rough. Heavy volume, large boat traffic produces tall wakes. Much of the shoreline is comprised of near vertical rock or concrete sea walls that perpetuate the rough conditions. Your participation in this event is evidence that you understand the risk associated and accept sole responsibility for the consequences of your actions.

15) Unsportsmanlike conduct is grounds for disqualification. All participants in this event are representatives of the paddling community and are expected to behave accordingly.

16) In the event of an immediate racer/team emergency, fellow participants within close proximity are expected to render aid. No penalty will be assessed for the team/individual providing assistance, the honor system, as well as eyewitness accounts, will be relied upon for compensation of the time spent rendering aid.

17) One whistle must be carried in each boat, either securely affixed to a life vest or the boat in a manner which allows quick access in a personal emergency.

18) Any dispute must be formally stated with the race director within two hours of the finish of each stage. The dispute will be subject to review by the race director and two appointed senior race officials. The final decision and any action regarding a dispute will be reserved by the race director and two appointed senior race officials. All decisions are final, no appeal process will be granted.

19) Racers in the 2DD "Main Event" and in the "Adventure" series will be allowed to change boats under the following conditions:

- a. Must remain in same class (ie, example: the 2DD Unlimited Men Solo could change from a K1 to a sit-on-top surfski; if in the 3x27 class can change on day2 but must still meet the 3x27 specs)
- b. Can change only on separate days (ie, must keep same boat on day 1 but can change on day 2) Exception: can change if boat is damaged.
- c. Must keep same boat number
- d. Must inform race officials well in advance of start of that day's race

These rules are valid as of this date and are anticipated as remaining so up to the start and end of the 2DamDays Paddle Marathon but are subject to modification up to the start of the race.

Last Update: 8/17/2011